



**PCOA**  
Aging well for life

## End of Life Care Planning

### *Living Well by Preparing Well for Dying and Death*

PCOA's End of Life Initiatives Program can help you with:

- End of Life Care education and community outreach
- No-cost End of Life Care Planning documents
- Personalized assistance to complete documents
- Facilitation of End of Life Care conversations with family members and loved ones
- Coaching for meaningful conversation with healthcare providers
- Bilingual (Spanish) documents and services available

**PCOA Helpline: (520) 790-7262**

**Website: [endoflife.pcoa.org](http://endoflife.pcoa.org)**



**Arizona END OF LIFE  
CARE PARTNERSHIP**

Anchored at United Way of Tucson and Southern Arizona



The David and Lura  
Lovell Foundation



Community Foundation  
for Southern Arizona  
The Shannon Kent Endowment Fund

The Arizona End of Life Care Partnership is supported by The David and Lura Lovell Foundation and the Community Foundation for Southern Arizona.



# PCOA

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## Planificación para el cuidado al final de la vida

### *Vivir bien preparándose bien para el final de sus días*

El programa de iniciativas del final de la vida de PCOA (End of Life Initiatives Program) le puede ayudar con lo siguiente:

- Formación sobre el cuidado al final de la vida y relaciones comunitarias
- Documentos sin costo sobre la planificación del cuidado al final de la vida
- Ayuda personalizada para preparar los documentos
- Asesoramiento en conversaciones sobre el cuidado al final de la vida con familiares y seres queridos
- Asesoramiento en conversaciones importantes con proveedores médicos
- Disponibilidad de servicios y documentos bilingües (español)

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Community Foundation for Southern Arizona

The Shuaran Kari Endowment Fund

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