

Armory Park PCOA Menu August 2022

Funded by:PCOA & City of Tucson

Serving days Mon-Fri Hours: 3:00-4:00 pm

All Meals served with 1% Milk

2.00 Suggested Donation

Monday	Tuesday	Wednesday	Thursday	Friday
1 Taco Salad Red beans Carrifruit Salad Tortilla	2 Baked Ham Baked Yams Broccoli Pineapple	3 Chicken Tenders Tater Tots Coleslaw Fruit	4 Beef & Broccoli Asian Vegetables Mandarin Oranges Rice	5 Baked Lemon Tilapia Caesar Salad Herbed Peas Wild Rice
8 Sloppy Joe Potato Wedges Coleslaw Applesauce	9 Baked Chicken Strawberry Spinach Salad Buttery Corn Peaches	10 Shells & Cheese Bake Vegetable Medley Romaine Salad Pears	11 Shredded Beef Burrito Pinto Beans Lettuce /Tomato Orange	12 Lemon Baked Fish Au Gratin Potatoes Honey Glazed Carrots Fruit Salad
15 BBQ Chicken Sandwich Potato Salad Sauteed Spinach Pineapple	16 Beefy Macaroni Herbed Green Beans Salad Mix Mango	17 Turkey Roast Garlic Mashed Potatoes Steamed Broccoli Apple Crisp	18 Green Chili Stew Corn Bread Cucumber Salad Orange	19 Spinach Salad Zucchini Tossed Salad Peaches Garlic Bread
22 Chicken Wrap Potato Wedges Coleslaw Pears	23 Spaghetti w/Meat sauce Herbed Brussel Sprouts Spinach Red Onion Salad Tropical Fruit Salad	24 Tuna Salad California Blend Vegetables Salad Mix Plums	25 Beef Stew Cornbread Green Beans Fruit	26 Tuna Pasta Salad Three Bean Salad Peaches
29 Chili Con Carne Vegetable Medley Caesar Salad Orange	30 Chicken stew Cornbread Green Beans Applesauce	31 Latin Pork Roast Red Potatoes Cauliflower Mango		 <p>CITY OF TUCSON PARKS & RECREATION</p>

